



Competitive Summer Programming 2025

June Technique Clinics

June 19th FT/PT Jumps 8-10
June 19th PT Jumps 11+
June 19th FT Jumps 12+
June 23rd FT Turns 8-10 (Juniors)
June 23rd FT Turns 12+ (Inters)
June 23rd FT Turns (Teens)
June 24th PT Turns (Juniors/Pre-Inters)
June 24th PT Turns (Inters)
June 24th PT Turns (Teens)

1.5 hour workshop style classes focused on improving specific aspects of tech
\$20/workshop+HST

*cannot be used to count in the mandatory summer class requirements. This is additional training opportunities for those that want to kick start their summer training.

Mandatory Competitive Intensives

Full-Time July 14th - 17th (Daytime 9:00-3:30pm)
Part-Time July 14th - 17th (Evening 4:30-8:00pm)
Micro/Mini/PT Petite August 11th - 15th (9:00-3:30pm)

Acro Intensive

August 5th - 8th
*Ages 7+

Strongly recommended for competitive dancers

Summer Evening Classes

July & August (Tuesday/Wednesday)
*Schedule on following pages.

Class Requirements:

Mini - 5 required classes
Part-Time - 8 required classes
Full-Time - 15 required classes

*Highly recommend all competitive students to come to as many classes as possible for consistency in training throughout the summer.

*Micro/PT Petite recommended a minimum of 3 summer evening classes in addition to the mandatory camp.

Private Technique Lessons

\$42/half hour +HST Availability in the portal with multiple instructors.

2025/2026 Season Teams/Summer Requirements:

Please refer to the chart below for information on new team names for the upcoming season. We highly recommend participating in as much summer programming as possible for consistency in training.

Current Team Name	2025/2026 Team Name	Summer Requirements
New Novice Age 5-6	Micro	Competitive Bootcamp Aug. 11-15 Recommended: 3-4 evening classes
New Novice Age 7-9	PT Petite	Competitive Bootcamp Aug. 11-15 Recommended: 3-4 evening classes
Kinders	Mini	Competitive Bootcamp Aug. 11-15 5 summer evening classes
Micros	Mini	Competitive Bootcamp Aug. 11-15 5 summer evening classes
PT Petite	PT Junior	PT Intensive July 14-17 (Evening) 8 summer evening classes
PT Junior	PT Pre-Inter	PT Intensive July 14-17 (Evening) 8 summer evening classes
PT Inter	PT Inter	PT Intensive July 14-17 (Evening) 8 summer evening classes
PT Teen	PT Teen	PT Intensive July 14-17 (Evening) 8 summer evening classes
FT Mini	FT Junior	FT Intensive July 14-17 (Daytime) 15 summer evening classes
FT Inter	FT Inter	FT Intensive July 14-17 (Daytime) 15 summer evening classes
FT Teen	FT Teen	FT Intensive July 14-17 (Daytime) 15 summer evening classes

June Technique Clinics

JUNE 19TH	JUMPS JUMPS JUMPS
4:30-6:00	FT/PT Age 8-10
6:00-7:30	PT 11+
7:30-9:00	FT 12+
JUNE 23RD	TURNS
4:30-6:00	FT (Juniors 8-10)
6:00-7:30	FT (Inters 11-13)
7:30-9:00	FT (Teens 14+)
JUNE 24TH	TURNS
4:30-6:00	PT (Juniors/Pre-Inters 9-13)
6:00-7:30	PT (Inters 9-13)
7:30-9:00	PT (Teens 14+)

Summer Evening Class Schedule

Evening Classes

Summer evening classes will take place on Tuesday and Wednesday evenings throughout July and August.

Classes are **1 hrs** in length, pricing structure is as follows:

- 1-4 classes: \$20.00 +HST/class
- 5-9 Classes: \$18.00 +HST/class
- 10-14 Classes: \$16.00 +HST/class
- 15-19 Classes: \$15.00 +HST/class
- 20+ Classes: \$13.00 +HST/class

Classes must be pre-registered for on the parent portal. The portal will automatically adjust pricing based on the scale above. A minimum number of 4-5 students is required to run a class, classes will be cancelled if the minimum is not met and we will notify you.

Week 1:

Wednesday July 2nd			
4:45-5:45	FT Junior Jazz Tech (Age 8-10) - Miss Abi	4:45-5:45	Mini Acro Tech (Age 6-8) - Miss Alyshia
5:45-6:45	PT Pre-Inter/Inter Jazz Tech (Age 9-13) - Miss Abi	5:45-6:45	FT Junior Hip Hop (Age 8-10) - Miss Alyshia
6:45-7:45	PT Teen Jazz (Age 14+) - Miss Abi	6:45-7:45	PT Junior/Pre-Inter/Inter Acro (9-13) - Miss Alyshia
7:45-8:45	FT Inter Jazz Age 11-13) - Miss Abi	7:45-8:45	PT Teen/FT Teen Hip Hop (age 14+) - Miss Alyshia
8:45-9:45	FT Teen Jazz (age 14+) - Miss Abi	8:45-9:45	FT Inter Acro/Tumbling (Age 11-13) - Miss Alyshia

Week 2:

Tuesday July 8th			
4:45-5:45	FT Junior Jazz tech/Combo (Age 8-10) - Miss Cheryl	4:45-5:45	Micro Jazz/Acro (Age 5-6) - Miss Abi
5:45-6:45	FT Junior Acro (Age 8-10) - Miss Cheryl	5:45-6:45	PT Petite/Mini Jazz (age 6-9) - Miss Abi
6:45-7:45	FT Inter Lyrical (Age 11-13) - Miss Cheryl	6:45-7:45	FT Teen Jazz Tech (Age 14+) - Miss Abi
7:45-8:45	PT Teen Jazz Tech/Combo (Age 14+) - Miss Cheryl	7:45-8:45	FT Inter/FT Teen Conditioning/Flexibility (Age 11+) - Miss Abi
8:45-9:45	FT Teen Lyrical (Age 14+) - Miss Cheryl	8:45-9:45	FT Inter Jazz Tech (Age 11-13) - Miss Abi

Wednesday July 9th					
4:45-5:45	FT Junior Contemporary (Age 8-10) - Miss Courtney	4:45-5:45	FT Inter/PT Teen/FT Teen Acro/Tumbling (Age 11+) - Miss Alyshia	4:45-5:45	PT Junior Jazz (Age 9-10) - Miss Abi
5:45-6:45	FT Inter Contemporary (Age 11-13) - Miss Courtney	5:45-6:45	PT Junior Acro (Age 9-10) - Miss Alyshia	5:45-6:45	FT Junior Jazz tech (Age 8-10) - Miss Abi
6:45-7:45	FT Teen Jazz Tech/Combo (Age 14+) - Miss Courtney	6:45-7:45	Pre-Inter/Inter Lyrical (9-13) - Miss Alyshia	6:45-7:45	FT Inter/PT Teen Jumps/Turns/Tech (Age 11+) - Miss Abi
7:45-8:45	PT Teen Contemporary (Age 14+) - Miss Courtney	7:45-8:45	Pre-Inter/Inter Hip Hop (9-13) - Miss Alyshia	7:45-8:45	FT Teen Jumps/Turns (Age 14+) - Miss Abi
8:45-9:45	FT Teen Contemporary (Age 14+) - Miss Courtney				

Week 3:

*no classes the week of July 14-17th for intensive

Tuesday July 22nd			
4:45-5:45	Pre-Inter/Inter Jazz Tech (9-13) - Miss Cheryl	4:45-5:45	PT Junior Jazz (Age 9-10) - Miss Abi
5:45-6:45	FT Junior Acro (Age 8-10) - Miss Cheryl	5:45-6:45	PT Junior/Pre-Inter/Inter Acro (9-13) - Miss Abi
6:45-7:45	FT Inter/PT Teen/FT Teen Acro/Tumbling (Age 11+) - Miss Cheryl	6:45-7:45	FT Junior Jazz Tech/Combo (Age 8-10) - Miss Abi
7:45-8:45	FT Inter Jazz Tech/Combo (Age 11-13) - Miss Cheryl	7:45-8:45	FT Teen Contemporary (Age 14+) - Miss Abi
8:45-9:45	FT Teen Jazz Tech/Combo (Age 14+) - Miss Cheryl	8:45-9:45	PT Teen Jazz Tech/Combo (Age 14+) - Miss Abi

Wednesday July 23rd					
4:45-5:45	PT Petite/Mini Tap (age 6-9) - Miss Abi	4:45-5:45	Pre-Inter/Inter Hip Hop (9-13) - Miss Alyshia		
5:45-6:45	Micro Jazz/Acro (Age 5-6) - Miss Abi	5:45-6:45	Pre-Inter/Inter Jazz Tech (9-13) - Miss Alyshia	6:00-7:00	FT Inter Tap (Age 11-13) - Miss Houys
7:00-8:00	FT Inter/FT Teen Conditioning/Flexibility/Tech (Age 11+) - Miss Abi	6:45-7:45	PT Junior/FT Junior Hip Hop (Age 8-10) - Miss Alyshia	7:00-8:00	Pre-Inter/Inter Tap (9-13) - Miss Houys
		7:45-8:45	PT Junior/FT Junior Acro/Tumbling (Age 8-10) - Miss Alyshia	8:00-9:00	PT Teen/FT Teen Tap (13+) - Miss Houys

Week 4:

Tuesday July 29th					
4:30-5:30	PT Junior Jazz (Age 9-10) - Miss Cheryl	4:30-5:30	PT Petite/Mini Jazz (age 6-9) - Miss Abi	4:30-5:30	Pre-Inter/Inter Ballet Tech (9-13) - Miss Thomas
5:30-6:30	PT Junior/FT Junior Acro (Age 8-10) - Miss Cheryl	5:30-6:30	Pre-Inter/Inter Jazz Tech (9-13) - Miss Abi	5:30-6:30	FT Inter Ballet (Age 11-13) - Miss Thomas
6:30-7:30	FT Inter Lyrical (Age 11-13) - Miss Cheryl	6:30-7:30	FT Junior Jazz (Age 8-10) - Miss Abi	6:30-7:30	FT Teen Ballet (Age 14+) - Miss Thomas
7:30-8:30	PT Teen Lyrical (Age 14+) - Miss Cheryl	7:30-8:30	FT Inter/FT Teen Jazz (Age 11+) - Miss Abi	7:30-8:30	FT Junior Ballet (Age 8-10) - Miss Thomas
8:30-9:30	FT Teen Lyrical (Age 14+) - Miss Cheryl				

Wednesday July 30th					
4:45-5:45	FT Junior Jazz tech/Combo (Age 8-10) - Miss Courtney	4:45-5:45	PT Petite/Mini Acro (age 6-9) - Miss Alyshia	4:45-5:45	Pre-Inter/Inter Jazz Tech/Combo (9-13) - Miss Abi
5:45-6:45	FT Inter Contemporary (Age 11-13) - Miss Courtney	5:45-6:45	PT Junior/Pre-Inter/Inter Acro (9-13) - Miss Abi	5:45-6:45	FT Junior Lyrical (Age 8-10) - Miss Abi
6:45-7:45	FT Inter/FT Teen Jazz Tech/Combo (Age 11+) - Miss Courtney	6:45-7:45	PT Teen Jazz Tech/Combo (Age 14+) - Miss Alyshia	6:45-7:45	PT Junior/FT Junior Tap (Age 8-10) - Miss Abi
7:45-8:45	PT Teen Contemporary (Age 14+) - Miss Courtney	7:45-8:45	FT Inter Acro/Tumbling (Age 11-13) - Miss Alyshia	7:45-8:45	FT Teen Jumps/Turns (Age 14+) - Miss Abi
8:45-9:45	FT Teen Contemporary (Age 14+) - Miss Courtney				

Week 5:

Tuesday August 5th					
4:45-5:45	Micro Jazz/Acro (Age 5-6) - Miss Cheryl	4:45-5:45	FT Junior Ballet (Age 8-10) - Miss Abi		
5:45-6:45	PT Petite/Mini Acro (age 6-9) - Miss Cheryl	5:45-6:45	Pre-Inter/Inter Jazz Tech (9-13) - Miss Abi		
6:45-7:45	FT Teen Jazz Tech/Combo (Age 14+) - Miss Cheryl	6:45-7:45	PT Petite/Mini Tap (age 6-9) - Miss Abi	6:45-7:45	PT Junior/FT Junior Tap (Age 8-10) - Miss Houys
7:45-8:45	FT Inter Jazz Tech/Combo (Age 11-13) - Miss Cheryl	7:45-8:45	Pre-Inter/Inter Tap Tech (9-13) - Miss Abi	7:45-8:45	PT Teen/FT Teen Tap Tech (Age 14+) - Miss Houys
8:45-9:45	PT Teen Jazz Tech/Combo (Age 14+) - Miss Cheryl	8:45-9:45	FT Teen Contemp (Age 14+) - Miss Abi	8:45-9:45	FT Inter Tap (Age 11-13) - Miss Houys

Wednesday August 6th					
4:45-5:45	Pre-Inter/Inter Jazz Tech (9-13) - Miss Alyshia	4:45-5:45	FT Junior Jazz (Age 8-10) - Miss Abi		
5:45-6:45	FT Junior/Pre-Inter/Inter Acro (9-13) - Miss Alyshia	5:45-6:45	FT Inter/PT Teen/FT Teen Conditioning/Flexibility (Age 11+) - Miss Abi		
6:45-7:45	FT Inter/PT Teen/FT Teen Acro/Tumbling (Age 11+) - Miss Alyshia	6:45-7:45	PT Junior Jazz (Age 9-10) - Miss Abi		
7:45-8:45	PT Junior Lyrical (Age 9-10) - Miss Alyshia	7:45-8:45	FT Inter/PT Teen/FT Teen Ballet (Age 11+) - Miss Abi		
		8:45-9:45	FT Inter/FT Teen Jazz (age 11+) - Miss Abi		

Week 6:

Tuesday August 12th

4:45-5:45	PT Junior Jazz (Age 9-10) - Miss Cheryl	4:45-5:45	FT Junior Jazz tech/Combo (Age 8-10) - Miss Abi
5:45-6:45	FT Junior Acro (Age 8-10) - Miss Cheryl	5:45-6:45	Pre-Inter/Inter Jazz Tech (9-13) - Miss Abi
6:45-7:45	FT Inter Acro (Age 11-13) - Miss Cheryl	6:45-7:45	FT Teen Contemporary (Age 14+) - Miss Abi
7:45-8:45	PT Teen Lyrical (Age 14+) - Miss Cheryl	7:45-8:45	FT Inter/FT Teen Conditioning/Flexibility (Age 11+) - Miss Abi
8:45-9:45	FT Teen Lyrical (Age 14+) - Miss Cheryl	8:45-9:45	FT Inter Contemporary (Age 11-13) - Miss Abi

Wednesday August 13th

4:45-5:45	PT Teen Jazz Tech (Age 14+) - Miss Abi	4:45-5:45	Pre-Inter/Inter Hip Hop (9-13) - Miss Alyshia
5:45-6:45	FT Teen Jazz Tech (Age 14+) - Miss Abi	5:45-6:45	Pre-Inter/Inter Jazz Tech (9-13) - Miss Alyshia
6:45-7:45	PT Junior/FT Junior Tap (Age 8-10) - Miss Abi	6:45-7:45	FT Inter/PT Teen/FT Teen Hip Hop (Age 11+) - Miss Alyshia
7:45-8:45	FT Inter Jazz Tech (Age 11-13) - Miss Abi	7:45-8:45	PT Junior/FT Junior Hip Hop (Age 8-10) - Miss Alyshia